



HOW TO GET STARTED WITH SURGERY 101 IN 5 EASY STEPS

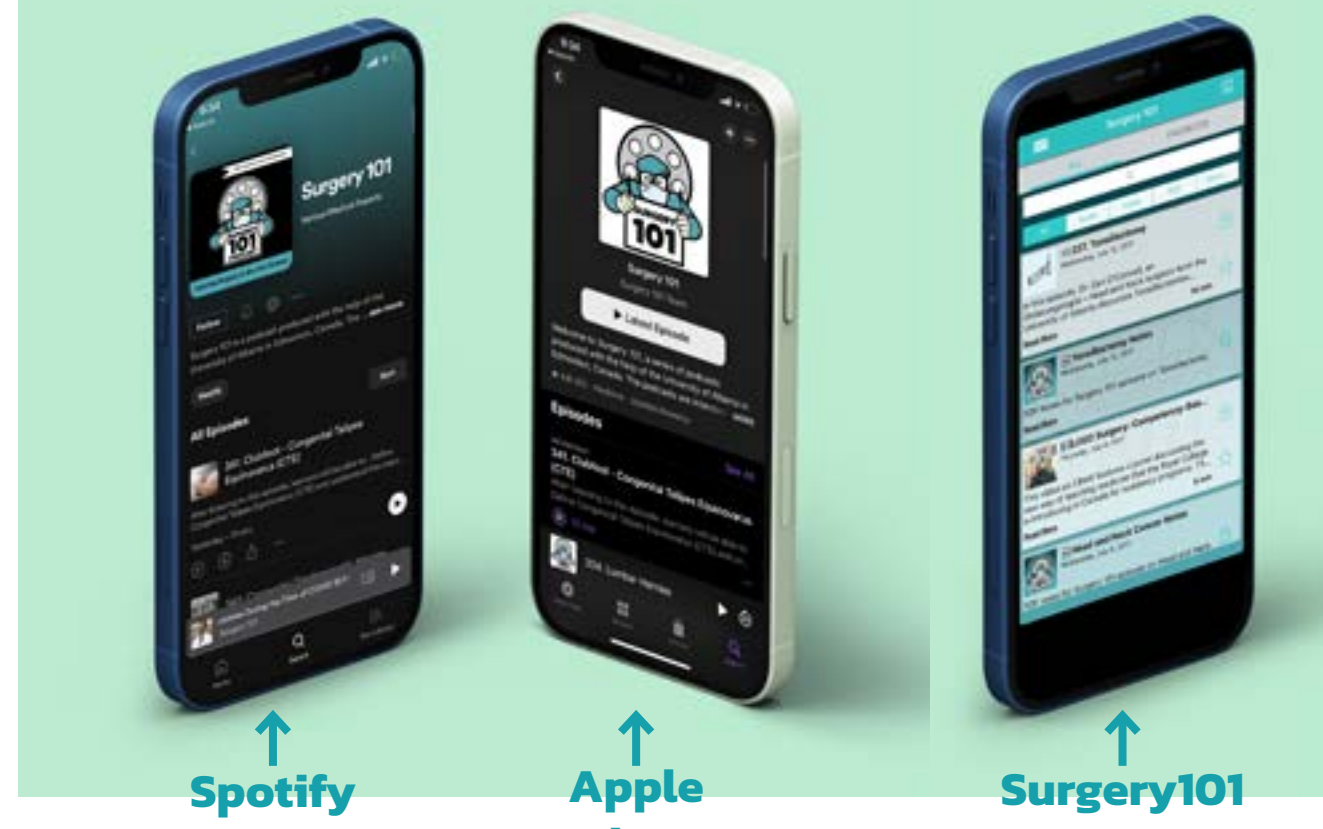
Use this guide to learn more about Surgery 101 and become a part of our medical community!

1. Access our podcasts

Access our podcasts for free on Spotify and Apple Podcasts, or download our app to have access to our notes feature. You can also explore our [website](#) using the search bar on our homepage or clicking through the drop-down menus to find topics that interest you. If you'd like you can request new episode and series ideas that may be interesting or helpful to your students in the "[Contact Us](#)" tab.

Each Surgery 101 episode covers a single topic in 10-15 minutes so that learners can quickly grasp the basic concepts of a common surgical problem. Learning objectives are provided for each episode, and episodes are divided into chapters and conclude with several key points to summarize the topic.

(Click the phones to be directed to the different platforms)



2. Access our videos

As well as providing free podcast content, we also offer educational videos on our [website](#) and [YouTube](#). These videos range from real life operational tutorials to fun animations.



[Dr. Scalpel's Guide to Surgery: The Scalpel \(Episode 5\)](#)

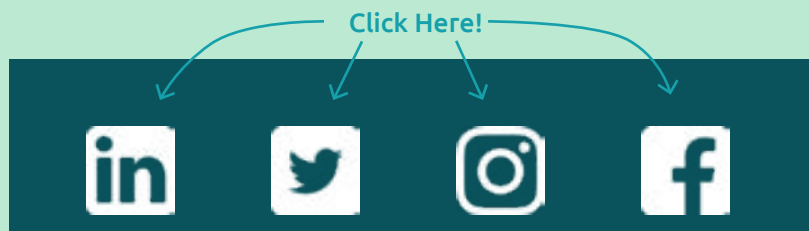
[Who You Gonna Call? General Surgery! \(Ghostbusters parody\) DIRECTORS CUT](#)



3. Follow us on social media

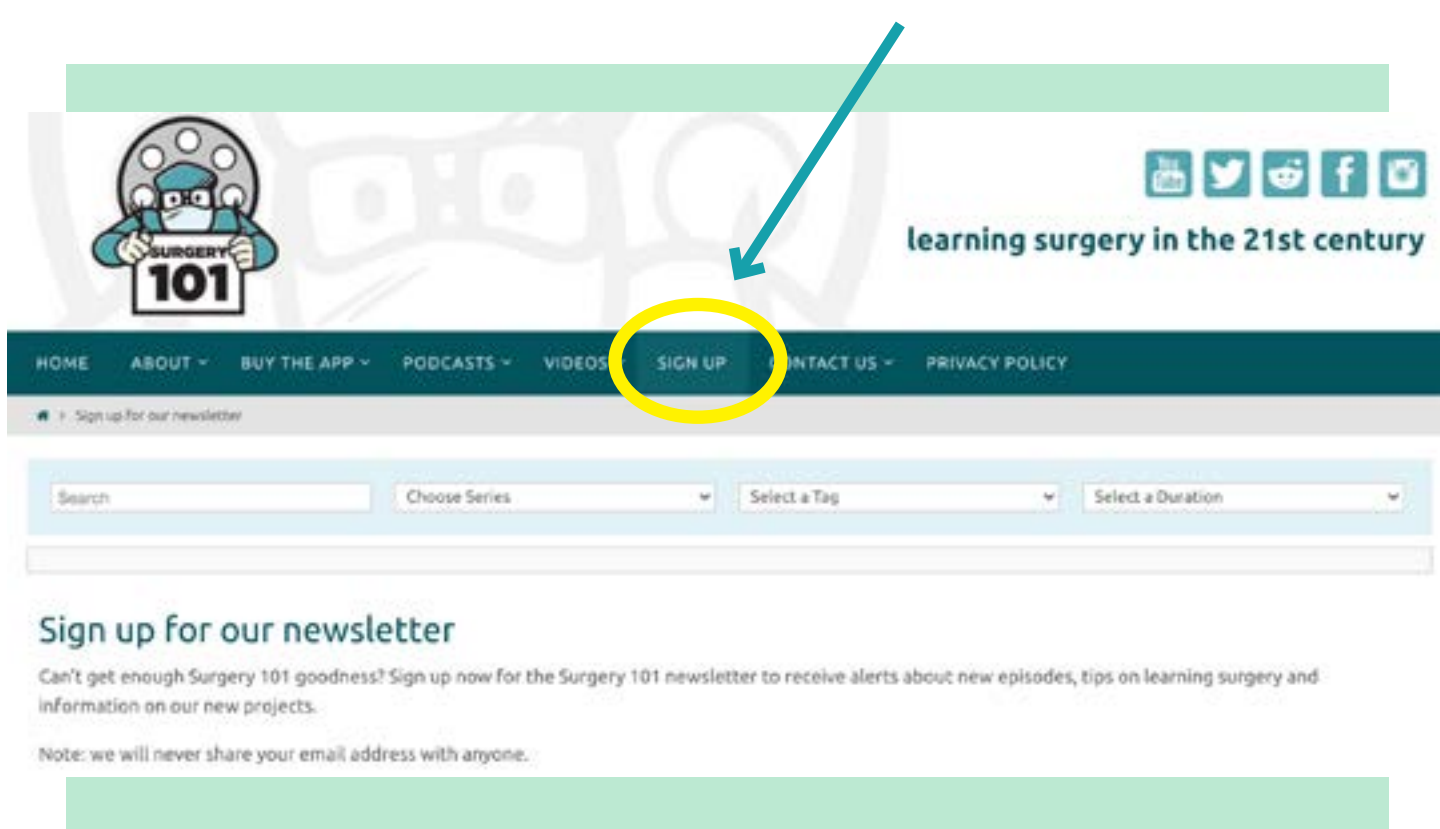
To further enhance your Surgery101 experience follow us on our social media channels including [LinkedIn](#), [Instagram](#), [Facebook](#) and [Twitter](#). By following us you will be joining a large community of medical students and medical professionals.

On our social channels you will have opportunities to interact with us, give us feedback and stay up to date on all new podcasts and videos. We currently have an exclusive new series called "[Surgery Secrets](#)" for med students available on LinkedIn that features interviews with surgeons around the world.



4. Sign up for our newsletter

We offer an email newsletter for listeners to receive alerts about new episodes, tips on learning surgery and information on our new projects. To sign up for our newsletter, please visit the "[sign up](#)" Tab on our website



5. Help us create more podcasts!

We're always happy to get more people involved in online learning, and our team can help you create a podcast on a topic of your choosing.

[Contact jswhite1@ualberta.ca to get started!](mailto:jswhite1@ualberta.ca)



We hope this information helps, if you have any more questions, please feel free to reach out.

